

31 RANDOM ACTS OF KINDNESS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 DONATE FOOD	2 GIVE A COMPLIMENT TO A STRANGER	3 SEND A CARD TO YOUR SPOUSE JUST BECAUSE	4 TAKE COFFEE TO YOU TEACHER	5 DONATE TOYS
6 DONATE CLOTHING	7 COMPLIMENT A WAITER/WAITRESS TO THEIR MANAGER	8 SMILE AT SOMEONE JUST BECAUSE	9 SEND A CARD TO YOUR FAVORITE TEACHER JUST BECAUSE	10 BRING IN FUN OFFICE SUPPLIES TO LIVEN UP THE OFFICE	11 CALL YOUR GRANDPARENTS	12 LET THEM HAVE THE PARKING SPACE
13 BAKE COOKIES FOR A NEIGHBOR	14 LEAVE FLOWERS ON SOMEONES DOOR STEP	15 SEND A CARD TO YOUR DENTIST	16 COMPLIMENT SOMEONE IN PUBLIC	17 SEND DESSERT TO ANOTHER TABLE	18 DONATE FOOD TO YOUR LOCAL ANIMAL SHELTER	19 CALL YOUR SIBLINGS AND TELL THEM HOW MUCH THEY MEAN TO YOU
20 SCRAP SOMEONES WINDSHIELD	21 SEND A CARD TO YOUR GARBAGE MAN	22 LET PEOPLE MERGE DURING TRAFFIC	23 SMILE AT PEOPLE	24 PAY FOR COFFEE/TOLL FOR NEXT PERSON IN LINE	25 SPEND THE DAY WITH YOUR LOVED ONES	26 GIVE LEFTOVERS TO A HOMELESS PERSON
27 SEND A HAPPY NEW YEAR CARD	28 SAY PLEASE & THANK YOU AND MEAN IT	29 HELP SOMEONE PACK OR MOVE	30 LEAVE HAPPY NOTES AROUND TOWN	31 LEAVE CHANGE IN A VENDING MACHINE		